

# LAP SWIM SCHEDULE

MONDAY	
5:00-9:00 A	Competition Pool (1-8)
9:00-10:15 A	Competition Pool (5-8)
10:15-11:30 A	Competition Pool (4-8)
11:30 A-12:00 P	Competition Pool (1-8)
12:00-3:45 P	Competition Pool (1-8)
	Cool Lap Pool (A-C)
3:45-8:30 P	Cool Lap Pool (A-C)
<b>8:45 PM</b>	<b>CLOSED</b>

TUESDAY	
5:00-10:15 A	Competition Pool (1-8)
10:15-11:30 A	Competition Pool (5-8)
11:30 A-1:00 P	Competition Pool (3-8)
1:00-3:00 P	Competition Pool (1-8)
3:00-3:45 P	Competition Pool (1-8)
	Cool Lap Pool (A-C)
3:45-8:30 P	Cool Lap Pool (A-C)
<b>8:45 PM</b>	<b>CLOSED</b>

WEDNESDAY	
5:00-9:00 A	Competition Pool (1-8)
9:00-10:15 A	Competition Pool (5-8)
10:15-11:30 A	Competition Pool (5-8)
11:30 A-12:00 P	Competition Pool (1-8)
12:00-3:45 P	Competition Pool (1-8)
	Cool Lap Pool (A-C)
3:45-8:30 P	Cool Lap Pool (A-C)
<b>8:45 PM</b>	<b>CLOSED</b>

THURSDAY	
5:00-6:45 A	Competition Pool (1-4)
6:45-9:00 A	Competition Pool (1-8)
10:15-11:30 A	Competition Pool (5-8)
11:30 A-1:00 P	Competition Pool (1-8)
1:00-3:00 P	Competition Pool (1-8)
3:00-3:45 P	Competition Pool (1-8)
	Cool Lap Pool (A-C)
3:45-8:30 P	Cool Lap Pool (A-C)
<b>8:45 PM</b>	<b>CLOSED</b>

FRIDAY	
5:00-6:45 A	Competition Pool (1-4)
6:45-9:00 A	Competition Pool (1-8)
10:15-11:30 A	Competition Pool (5-8)
11:30 A-3:00 P	Competition Pool (1-8)
3:00-3:45 P	Competition Pool (1-8)
	Cool Lap Pool (A-C)
3:45-8:30 P	Cool Lap Pool (A-C)
<b>8:45 PM</b>	<b>CLOSED</b>

SATURDAY	
7:00 A-6:45 P	Cool Lap Pool (A-C)
<b>6:45 PM</b>	<b>CLOSED</b>

SUNDAY	
12:00-5:45 PM	Cool Lap Pool (A-C)
<b>5:45 PM</b>	<b>CLOSED</b>

<b>Pool Temperature Average 81°-83° F</b>
<b>Pool Depth 3 1/2- 14 feet deep Competition Pool</b>
<b>Pool Depth 3 1/2-5 feet deep Cool Lap Pool</b>
<b>Pool Length 25 yards</b>
<b>Competition Pool and Cool Lap Pool - Hydraulic Lift Chair Available</b>
<b>Children 6, 7, 8 and 9 years old, MUST have a parent or guardian (18 or older) in the POOL AREA at all times. Children must be 10 years old before they may swim at pool without an adult present.</b>
<b>Lap Swimming is for members 13 years and older. Youth ages 6- 12 may swim laps if they have passed the swim test and have an adult swimming laps with them.</b>
<b>When lap swimming, please share the lap lanes and circle swim. Thank you.</b>
<b>NOTE: As a service to our members, feel free to use the kickboards, pull buoys, flippers and hand paddles for lap swimming. If you need assistance, please ask the lifeguard.</b>
<b>When lap swimming is only available in the Cool Lap Pool, members wishing to use the Adult Locker Rooms on the upper level will need to bring a robe/cover-up and sandals to travel between the locker-room and the pool. Thank you.</b>