

# INSTRUCTIONAL POOL SCHEDULE

MONDAY	
5:00-6:00 A	OPEN
6:00-7:00 A	Water Exercise
7:00-9:30 A	OPEN
9:30 A-2:30 P	Lessons Only
2:30-5:00 P	OPEN
5:00-8:00 P	Lessons Only
8:00-9:00 P	OPEN
<b>9:00 PM</b>	<b>CLOSED</b>

WEDNESDAY	
5:00-6:00 A	OPEN
6:00-7:00 A	Water Exercise
7:00-9:30 A	OPEN
9:30 A-2:00 P	Lessons Only
2:00-4:15 P	OPEN
4:15-8:00 P	Lessons Only
8:00-9:00 P	OPEN
<b>9:00 PM</b>	<b>CLOSED</b>

FRIDAY	
5:00-6:00 A	OPEN
6:00-7:00 A	Water Exercise
7:00-9:30 A	OPEN
9:30 A-6:00 P	OPEN
6:00-7:00 P	Pool School (See Program Guide for dates)
7:00-8:00 P	Fish Bowl (See Program Guide for dates)
8:00-9:00 P	OPEN
<b>9:00 PM</b>	<b>CLOSED</b>

TUESDAY	
5:00-9:30 A	OPEN
9:30 A-12:00 P	Lessons Only
12:00-1:00 P	Home School Harbor
1:00-5:00 P	OPEN
5:00-8:00 P	Lessons Only
8:00-9:00 P	OPEN
<b>9:00 PM</b>	<b>CLOSED</b>

THURSDAY	
5:00-9:00 A	OPEN
9:00 A-12:00 P	Lessons Only
12:00-5:00 P	OPEN
	Private Lessons
5:00-8:00 P	Lessons Only
8:00-9:00 P	OPEN
<b>9:00 PM</b>	<b>CLOSED</b>

SATURDAY	
7:00-9:00 A	OPEN
9:00 A-12:00 P	Lessons Only
12:00-1:00 P	CY Torpedoes
1:00-2:00 P	OPEN
<b>2:00 PM</b>	<b>CLOSED</b>
SUNDAY (Programs Only)	
1:00-5:45 PM	Private Lessons
	Sea Turtles
<b>5:45 PM</b>	<b>CLOSED</b>

Pool Temperature Average 86°-88° F
Pool Depth 2 1/2 ft - 5 ft deep
Pool Length 30 x 50 feet
Hydraulic Assist Chair Provided

**IMPORTANT SAFETY INFORMATION - Aquatic Safety is a partnership between great parental supervision and lifeguarding. Thank you for helping us create safe swimming pools!**

Please Note: Children 0-5 years of age participating in the swim lesson program are not permitted in the swimming pool without an adult prior to or following any swim lesson.

**Children 6, 7, 8 & 9 years old, MUST have a parent or guardian (18 or older) in the POOL AREA at all times. Children must be 9 years old before they may swim at any pool without an adult present.**

Lap Swimming is for members 13 years and older. Youth ages 6-12 may swim laps if they have passed the swim test and have an adult swimming laps with them.

Children ages 0-5 years old, are NON-SWIMMERS and will receive a RED bracelet prior to swimming. A parent or guardian, 18 yrs or older must remain within arms reach of children wearing red bracelets. Only Coast Guard Approved Flotation Devices are permitted.

Children 6-12 years old not passing the deep water swim test are considered NON-SWIMMERS and will receive a YELLOW bracelet. Non-swimmers must remain in shallow water

Children 6-12 years old AND are at least 45 inches tall, must pass the deep water swim test to swim in transitional depth water, use the diving board, water slide, and vortex. Children passing the swim test will receive a GREEN bracelet. See the Lifeguard for swim test and swim test bracelets/stickers.

**Babysitters bringing children to a pool must be 18 years of age or older.**