

# LAP SWIM SCHEDULE

MONDAY	
5:00-9:00 A	Competition Pool (1-8)
9:00-10:15 A	Competition Pool (5-8)
10:15-11:30 A	Competition Pool (4-8)
11:30 A-12:00 P	Competition Pool (1-8)
12:00-4:00 P	Competition Pool (1-8)
	Cool Lap Pool (A-C)
4:00-8:30 P	Cool Lap Pool (A-C)
<b>8:30 PM</b>	<b>CLOSED</b>

WEDNESDAY	
5:00-9:00 A	Competition Pool (1-8)
9:00-10:15 A	Competition Pool (5-8)
10:15-11:30 A	Competition Pool (5-8)
11:30 A-12:00 P	Competition Pool (1-8)
12:00-4:00 P	Competition Pool (1-8)
	Cool Lap Pool (A-C)
4:00-8:30 P	Cool Lap Pool (A-C)
<b>8:30 PM</b>	<b>CLOSED</b>

FRIDAY	
5:00-6:15 A	Competition Pool (1-5)
6:15-9:00 A	Competition Pool (1-8)
10:15-11:30 A	Competition Pool (5-8)
11:30 A-3:00 P	Competition Pool (1-8)
3:00-4:00 P	Competition Pool (1-8)
	Cool Lap Pool (A-C)
4:00-8:30 P	Cool Lap Pool (A-C)
<b>8:30 PM</b>	<b>CLOSED</b>

TUESDAY	
5:00-6:15 A	Competition Pool (1-5)
6:15-9:00 A	Competition Pool (1-8)
10:15-11:30 A	Competition Pool (5-8)
11:30 A-1:00 P	Competition Pool (3-8)
1:00-3:00 P	Competition Pool (1-8)
3:00-4:00 P	Competition Pool (1-8)
	Cool Lap Pool (A-C)
4:00-8:30 P	Cool Lap Pool (A-C)
<b>8:30 PM</b>	<b>CLOSED</b>

THURSDAY	
5:00-6:15 A	Competition Pool (1-5)
6:15-9:00 A	Competition Pool (1-8)
10:15-11:30 A	Competition Pool (5-8)
11:30 A-1:00 P	Competition Pool (1-8)
1:00-3:00 P	Competition Pool (1-8)
3:00-4:00 P	Competition Pool (1-8)
	Cool Lap Pool (A-C)
4:00-8:30 P	Cool Lap Pool (A-C)
<b>8:30 PM</b>	<b>CLOSED</b>

SATURDAY	
7:00 A-12:00 P	Cool Lap Pool (A-C)
12:00-1:00 P	Competition Pool (5-8)
	Cool Lap Pool (A-C)
1:00-2:00 P	Competition Pool (5-8)
	Cool Lap Pool (A-C)
2:00 A-6:45 P	Cool Lap Pool (A-C)
<b>6:45 PM</b>	<b>CLOSED</b>

SUNDAY	
12:00-5:45 PM	Cool Lap Pool (A-C)
<b>5:45 PM</b>	<b>CLOSED</b>

<b>Pool Temperature Average 81°-83° F</b>
<b>Pool Depth 3 1/2-14 feet deep Competition Pool</b>
<b>Pool Depth 3 1/2-5 feet deep Cool Lap Pool</b>
<b>Pool Length 25 yards</b>
Competition Pool and Cool Lap Pool - Hydraulic Lift Chair Available
<b>Children 6, 7, 8 and 9 years old, MUST have a parent or guardian (18 or older) in the POOL AREA at all times. Children must be 10 years old before they may swim at pool without an adult present.</b>
Lap Swimming is for members 13 years and older. Youth ages 6-12 may swim laps if they have passed the swim test and have an adult swimming laps with them.
When lap swimming, please share the lap lanes and circle swim. Thank you.
NOTE: As a service to our members, feel free to use the kickboards, pull buoys, flippers and hand paddles for lap swimming. If you need assistance, please ask the lifeguard.
When lap swimming is only available in the Cool Lap Pool, members wishing to use the Adult Locker Rooms on the upper level will need to bring a robe/cover-up and sandals to travel between the locker-room and the pool. Thank you.