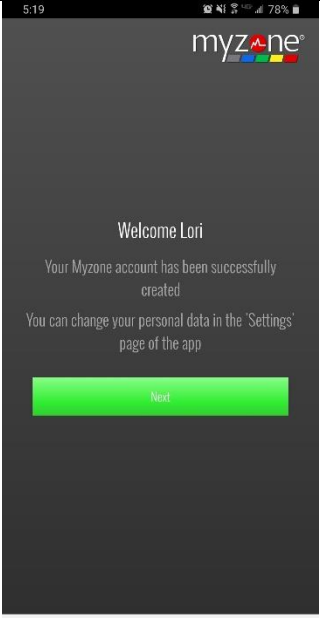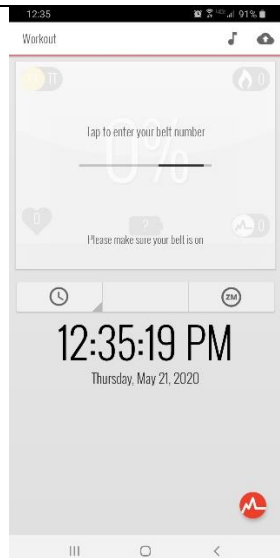|	
Directions to download and use the MyZone app for class reservations at Countryside YMCA	
	To download the app: Go to Google Play or the App Store on your smart phone. Search and select the MyZone app. Click to install it.
	Once installed, OPEN the app and you'll see this screen. Click on REGISTER.
	Enter this information: Facility Code: YMCAUS151 (all caps!) If you do not have a Myzone belt*, the Belt ID will be: 0 If you do have a Myzone belt, the Belt ID will be your existing belt ID. Enter your email address. Create and enter your own password. Hit NEXT. ***The MyZone belt is a wearable device that tracks your heart rate. The Y is selling these, and you can contact Jasmine Lee at 513 932 1424 140 for more information. You don't need the belt to reserve a spot in a class.***

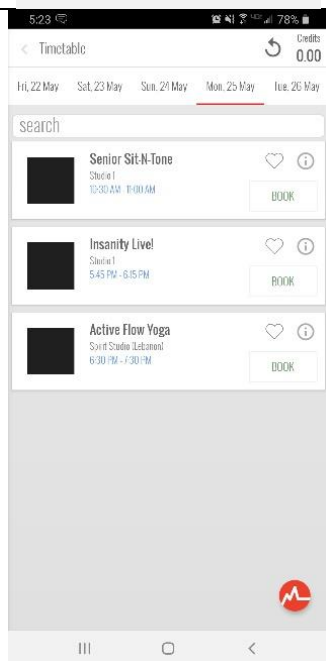| | | You will be prompted to enter some personal details. Enter your first name, last name, birthday, gender, hit NEXT. Enter your weight and height hit DONE.

If you have Bluetooth enabled, it will ask some questions about Bluetooth.

You will then see this screen with a WELCOME message. Click NEXT under the Welcome Message. |
| | | You will be prompted to connect with others. You can do this or click the DONE button to skip connecting for now. You do not have to connect with anyone on the app in order to reserve a spot for a class.

You may be prompted to enable or deny your location.

You will be prompted complete the privacy policy.

You will then see the this MyZone page where you can take a tutorial of the app. Click EXIT when finished with the tutorial. |

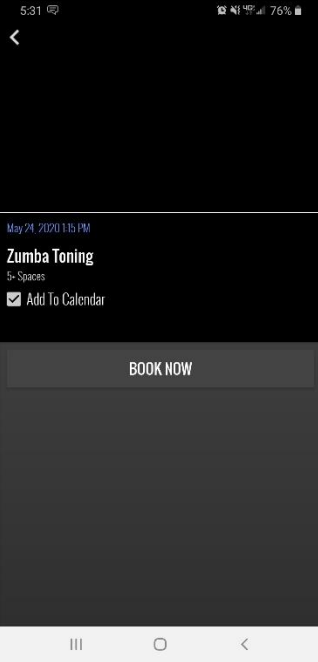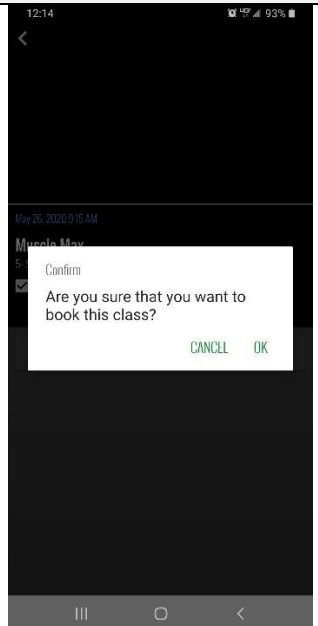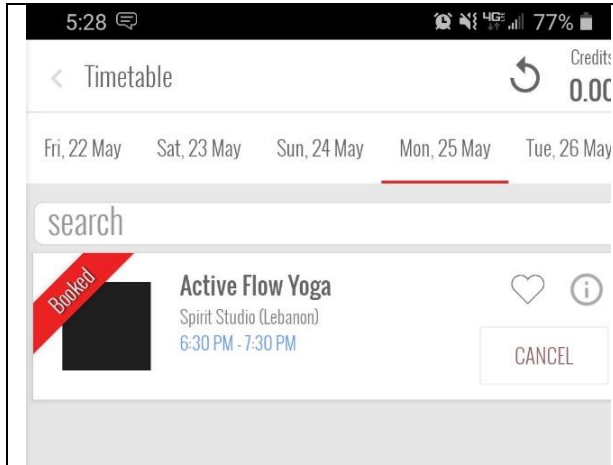|	You will see this Workout Screen. Click the MyZone logo in the bottom right corner to be taken to the Home screen.
	From here, click on Book a Class.
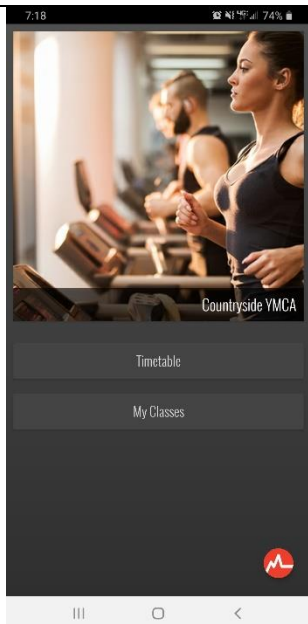
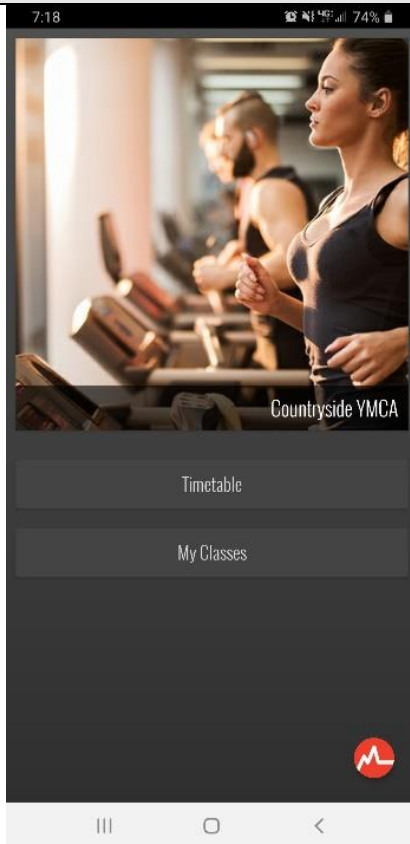|	
	You'll see this screen. Click on Timetable.
	Under the word Timetable at the top of the screen, swipe to locate the day for the class you want to take. Click on the day from the top menu. The classes for that day will then show. Select BOOK on the class you want to take. FYI: You can only book classes one at a time, but you can book a spot in each class you want to take seven days prior to the class, and up to 1 hour before the start of class. So, in one sitting you can plan your week of fitness classes!

		Click on BOOK NOW.
		Confirm whether you want to take the class.

Zumba Toning
5+ Spaces
☑ Add To Calendar

BOOK NOW

May 26, 2020 9:15 AM

Confirm
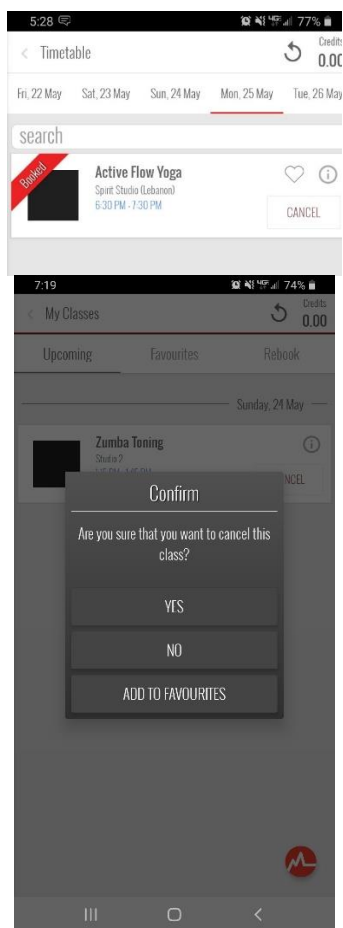Are you sure that you want to book this class?
CANCEL   OK

	You may be prompted to enable MyZone to connect with your calendar. And then you will see a confirmation BOOKED on the class you reserved.
	Want to cancel your spot? From the home screen click on Book A Class and on the next screen click on My Classes.

| | Hit Cancel on the class reservation you want to cancel and confirm whether you want to cancel that class. |

It's that simple!

We will have staff available to help you if you arrive at the Y and need help. But to make the first week back easier for you, please download the app and reserve your classes before coming into the Y. If you have any questions about downloading or using the app, please contact Zach McCollum at 932 1424 174.