



# COUNTRYSIDE YMCA | LEBANON MINI GYM

## JANUARY 2019 MINI GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
Morning						
7:30-10:00A <b>Table Tennis</b>	7:30-10:00A <b>Table Tennis</b>	7:30-10:00A <b>Table Tennis</b>	7:30-10:00A <b>Table Tennis</b>	7:30-10:00A <b>Table Tennis</b>		
Afternoon						
						1:00-5:00P <b>Youth B-Ball Games</b>
Evening						
				4:15-4:45P <b>Youth Tennis Lessons</b>		
	5:00-5:45P <b>Speed &amp; Agility</b>			5:00-5:30P <b>Quickstart Tennis</b>		
6:00-6:45P <b>Volleyball Clinic</b>						
7:00-7:45P <b>Volleyball Clinic</b>	7:00-8:00P <b>Judo</b>		7:00-8:00P <b>Judo</b>			

The Y has 5 gyms for member use. Please check the N Main Gym, S Main Gym, Lower Level Mini Gym or Lower Level Main Gym for additional court space.

**\*Gym schedule is subject to change without notice.**