



COUNTRYSIDE YMCA | LEBANON MINI GYM

DECEMBER 2018 MINI GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
Morning						
7:30-10:00A Table Tennis	7:30-10:00A Table Tennis	7:30-10:00A Table Tennis	7:30-10:00A Table Tennis	7:30-10:00A Table Tennis		
Afternoon						
						1:00-5:00P Youth B-Ball Games *Games End 12/16
Evening						
				4:15-4:45P Youth Tennis Lessons		
	5:00-5:45P Speed & Agility			5:00-5:30P Quickstart Tennis		
		6:00-7:00P Team 1 B-Ball Practice Ends 12/12				
6:00-6:45P Volleyball Clinic		6:30-7:30P Team 3 B-Ball Practice Ends 12/12				
7:00-7:45P Volleyball Clinic	7:00-8:00P Judo	7:00-8:00P Team 2 B-Ball Practice Ends 12/12	7:00-8:00P Judo			

The Y has 5 gyms for member use. Please check the N Main Gym, S Main Gym, Lower Level Mini Gym or Lower Level Main Gym for additional court space.

***Gym schedule is subject to change without notice.**