



COUNTRYSIDE YMCA | LEBANON LOWER LEVEL MINI

| FEBRUARY 2019 LOWER LEVEL MINI GYM SCHEDULE | | | | | | |
|--|---|---|-------------------------------------|--------------------------------|---|-----|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUN |
| Morning | | | | | | |
| | | | | | 7:30-8:30A Sports Academy | |
| | 9:30-10:00A Tiny Tot | | | | 9:00-11:00A Adv. Candy League | |
| | 10:00-10:30A Little Dribblers | | | | 11:00-1:00P Candy League | |
| Afternoon | | | | | | |
| | | | | | 1:00-2:00P Rec Soccer | |
| Evening | | | | | | |
| | 4:00-5:00P Sports Academy | | 4:00-5:00P Sports Academy | | | |
| 5:00-5:30P Tiny Tot Soccer | | | | | | |
| 5:30-6:00P Tiny Tot Soccer | | | | | | |
| 6:00-6:30P All About Sports | 6:00-6:30P Soccer Ball Handlers | 5:45-6:15P INSANITY LIVE! | 6:00-7:00P WC Soccer | 6:00-7:00P WC Soccer | | |
| 6:30-7:00P Swim Team Dry Land | 6:30-7:00P Tiny Tot Soccer | 6:15-6:45P INSANITY LIVE! | | | | |
| 7:00-8:00P WC Soccer | 7:00-8:00P Sports Academy | 7:00-8:00P Archery Beg. | | | | |
| 8:00-9:00P Tae Kwon Do 1st Monday of the Month | | 8:00-9:00P Archery Inter./Adv.Adult | | | | |

The Y has 5 gyms for member use. Please check the Mini Gym, N Main Gym, S Main Gym or Lower Level Main Gym for additional court space.

***Gym schedule is subject to change without notice.**